

The Spectrum Center for Natural Medicine

8555 16th Street, Suite 402 • Silver Spring, MD 20910
301-565-2700 • www.healingspectrum.com

Please join us in a day of celebration ~

Summer Solstice ~ Open House

Friday, June 13th, 1-6pm
8555 16th St., Suite 402, Silver Spring

The Summer solstice marks the day of maximum light. We celebrate this day to connect with the light and energy of the natural cycle. As we honor the natural cycles around us, we also honor the natural cycles within us.

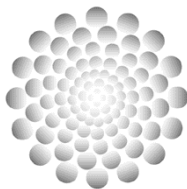
~ COME CELEBRATE, LEARN AND SHARE ~

Door-prizes for complimentary treatments to be raffled to those who attend, that *may include* Acupuncture, Craniosacral Therapy, Flower Essences Consult and more!

We will embrace the joy of the season ~ Learning and sharing *may include* ~

- Seasonal foods and teas • Wellness tips for children and adults • Qi Gong movements
- Meditation & Solstice ritual - intention setting for the next cycle • Music & dance

~ Please check website in future for specific times and details ~



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